

R-C3 Treatment Program

Mode	Program	Treatment time (min)	Pulse rate (Hz)	Pulse width (us)	Remark	Applied
TENS	P01	30	100	150	Gate control	Neck, shoulder, arm, elbow, back, hip and hand
	P02	30	60	200	Gate control	Pain relief from low back muscles, arm and leg muscles
	P03	30	15	260	Low frequency	
	P04	30	2-60	260-160	Modulation	
	P05	30	60/50/45/10/50/35	200	Modulation	Neck, shoulder, arm, elbow, back, hip and hand
	P06	30	50	180	Gate control	Pain relief from low back muscles, arm and leg muscles
	P07	30	40/6/50	200	Modulation	Neck, shoulder, arm, elbow, back, hip and hand
	P08	30	60	156-260	Modulation	Pain relief from low back muscles, arm and
	P09	30	60	260	Modulation	
EMS	P10	30	4	200	Active Recovery	Use after intense exercise to promote recovery and relaxation
	P11	30	5	300	Active Recovery	
	P12	30	20	200	Build Endurance	Body part muscle
	P13	30	50	200	Muscle Strengthening	
	P14	30	60	200	Muscle Strengthening	

	P15	30	50	200	Muscle Strengthening	exercise
	P16	30	60	200	Muscle Strengthening	
	P17	30	70	200	Muscle Strengthening	
MASSAGE	P18	30	8	300	Con.	Whole body part muscle massage
	P19	30	100	220	Con.	
	P20	30	28~45	120~250	knead	
	P21	30	25~80	120~250	Rub	
	P22	30	50~100	100~240	Tap	